



East District Age Group Championships

Michael Woods Centre Glenrothes –7th November 2015

Session 3 – Results

**Event 201 Boys 14 Year Olds 400 Metre IM**

| Name | Yr | Club | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 |
|----------------------|----|--------------|---------|-------|---------|---------|---------|---------|---------|---------|---------|
| 1 Archie Goodburn | 01 | Warrender | 4:39.94 | 30.22 | 1:04.21 | 1:41.76 | 2:18.23 | 2:58.07 | 3:37.02 | 4:09.52 | 4:39.94 |
| 2 Keir Edgar | 01 | Carnegie | 4:46.86 | 30.91 | 1:06.71 | 1:43.52 | 2:19.31 | 3:00.93 | 3:42.39 | 4:15.20 | 4:46.86 |
| 3 Daniel Ferguson | 01 | Trojan | 4:49.70 | 29.84 | 1:04.19 | 1:43.53 | 2:20.93 | 3:02.25 | 3:43.05 | 4:16.56 | 4:49.70 |
| 4 Greig Rowe | 01 | Carnegie | 4:54.42 | 31.29 | 1:07.65 | 1:45.89 | 2:24.22 | 3:04.17 | 3:45.15 | 4:20.10 | 4:54.42 |
| 5 Jamie Macdonald | 01 | Warrender | 4:56.72 | 31.79 | 1:08.34 | 1:46.76 | 2:23.35 | 3:06.29 | 3:50.02 | 4:24.78 | 4:56.72 |
| 6 Calum Chittleburgh | 01 | Warrender | 4:58.21 | 32.36 | 1:10.68 | 1:46.92 | 2:22.64 | 3:06.21 | 3:50.24 | 4:25.57 | 4:58.21 |
| 7 Finlay Hart | 01 | Tranent | 5:01.46 | 29.44 | 1:03.99 | 1:43.39 | 2:22.04 | 3:07.08 | 3:52.41 | 4:27.74 | 5:01.46 |
| 8 Andrew Watt | 01 | Gala Asc | 5:03.85 | 32.58 | 1:10.48 | 1:49.97 | 2:28.82 | 3:12.40 | 3:56.87 | 4:32.09 | 5:03.85 |
| 9 Jamie Booth | 01 | Warrender | 5:13.86 | 32.86 | 1:09.66 | 1:50.33 | 2:28.01 | 3:15.36 | 4:02.09 | 4:39.46 | 5:13.86 |
| 10 Lewis Birrell | 01 | Warrender | 5:17.82 | 32.34 | 1:11.50 | 1:54.76 | 2:35.94 | 3:22.62 | 4:09.17 | 4:44.17 | 5:17.82 |
| 11 Angus Rutherford | 01 | Heart Of Mid | 5:18.78 | 33.11 | 1:12.61 | 1:53.18 | 2:32.70 | 3:18.05 | 4:05.48 | 4:43.69 | 5:18.78 |
| 12 Jay Aitken | 01 | Heart Of Mid | 5:21.90 | 33.45 | 1:14.22 | 1:56.11 | 2:36.14 | 3:21.16 | 4:07.47 | 4:45.80 | 5:21.90 |
| 13 Callum MacDonald | 01 | Fins | 5:23.04 | 34.01 | 1:13.68 | 1:56.25 | 2:37.61 | 3:25.04 | 4:13.36 | 4:48.60 | 5:23.04 |
| 14 Charles De Beaux | 01 | Warrender | 5:23.05 | 34.27 | 1:15.97 | 1:57.77 | 2:37.09 | 3:21.96 | 4:09.12 | 4:46.35 | 5:23.05 |
| 15 Nathan McGraw | 01 | Fauldhouse | 5:29.67 | 33.21 | 1:14.31 | 1:56.99 | 2:39.64 | 3:25.22 | 4:11.85 | 4:51.78 | 5:29.67 |
| 16 Angus Skakle | 01 | Inverleith | 5:39.09 | 34.75 | 1:16.37 | 2:00.81 | 2:43.98 | 3:30.53 | 4:18.31 | 4:59.16 | 5:39.09 |

Event 201 Boys 15 Year Olds 400 Metre IM

| Name | Yr | Club | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 |
|-----------------------|----|------------|---------|-------|---------|---------|---------|---------|---------|---------|---------|
| 1 Fraser Allison | 00 | Warrender | 4:47.07 | 31.56 | 1:07.99 | 1:44.79 | 2:21.40 | 3:01.67 | 3:41.86 | 4:15.12 | 4:47.07 |
| 2 Jonah Walsh | 00 | Warrender | 4:57.25 | 31.00 | 1:06.16 | 1:44.71 | 2:22.86 | 3:05.95 | 3:50.20 | 4:25.00 | 4:57.25 |
| 3 James Beattie | 00 | Carnegie | 4:58.14 | 30.28 | 1:05.70 | 1:44.00 | 2:21.24 | 3:05.62 | 3:50.52 | 4:24.83 | 4:58.14 |
| 4 Andrew McKnight | 00 | Haddington | 5:03.95 | 32.54 | 1:11.58 | 1:49.76 | 2:27.43 | 3:11.96 | 3:56.50 | 4:31.05 | 5:03.95 |
| 5 Owen Strachan | 00 | Carnegie | 5:04.55 | 30.67 | 1:05.13 | 1:44.14 | 2:22.18 | 3:09.08 | 3:56.57 | 4:31.48 | 5:04.55 |
| 6 Ross Neally | 00 | Trojan | 5:11.71 | 32.84 | 1:13.00 | 1:56.22 | 2:38.45 | 3:19.42 | 4:00.95 | 4:37.26 | 5:11.71 |
| 7 Matthew King | 00 | Carnegie | 5:18.67 | 32.21 | 1:11.05 | 1:50.82 | 2:29.49 | 3:17.73 | 4:06.79 | 4:43.33 | 5:18.67 |
| 8 James Thompson | 00 | Duns | 5:30.36 | 34.82 | 1:16.20 | 1:56.21 | 2:35.38 | 3:25.98 | 4:16.63 | 4:54.34 | 5:30.36 |
| 9 James Gray | 00 | Fins | 5:33.99 | 33.45 | 1:13.63 | 1:58.20 | 2:41.79 | 3:28.00 | 4:15.62 | 4:55.73 | 5:33.99 |
| --- Matthias Rietvelt | 00 | Midlothian | DQ | | | | | | | | |

Event 201 Boys 16 & Over 400 Metre IM

| Name | Yr | Club | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 |
|---------------------|----|--------------|---------|-------|---------|---------|---------|---------|---------|---------|---------|
| 1 Cameron Finlayson | 98 | Heart Of Mid | 4:38.64 | 29.05 | 1:02.33 | 1:37.99 | 2:12.93 | 2:53.11 | 3:33.63 | 4:06.60 | 4:38.64 |
| 2 George Clough | 99 | Warrender | 4:40.86 | 30.25 | 1:05.47 | 1:42.50 | 2:18.60 | 2:58.10 | 3:37.59 | 4:10.62 | 4:40.86 |
| 3 Samuel Jones | 98 | Livingston | 4:44.52 | 29.40 | 1:03.26 | 1:39.27 | 2:15.07 | 2:55.80 | 3:38.39 | 4:12.05 | 4:44.52 |
| 4 Fraser Beeby | 99 | Carnegie | 4:46.33 | 30.19 | 1:04.90 | 1:42.47 | 2:18.65 | 3:00.96 | 3:43.03 | 4:15.19 | 4:46.33 |
| 5 James Collyer | 99 | Carnegie | 4:49.49 | 29.56 | 1:03.51 | 1:39.92 | 2:15.98 | 2:59.47 | 3:43.85 | 4:16.98 | 4:49.49 |
| 6 Kyle Pate | 99 | Fins | 4:50.49 | 30.78 | 1:07.41 | 1:43.87 | 2:19.90 | 3:01.29 | 3:43.77 | 4:17.15 | 4:50.49 |
| 7 Gregor Swinney | 97 | Peebles | 4:51.31 | 29.33 | 1:03.37 | 1:41.38 | 2:18.75 | 3:00.80 | 3:44.74 | 4:19.21 | 4:51.31 |
| 8 Fraser Meadows | 98 | Warrender | 4:53.22 | 29.95 | 1:04.91 | 1:43.06 | 2:20.16 | 3:03.24 | 3:47.68 | 4:21.28 | 4:53.22 |
| 9 Fraser Samuel | 98 | Haddington | 4:54.18 | 30.76 | 1:05.41 | 1:44.35 | 2:21.56 | 3:04.46 | 3:47.41 | 4:21.67 | 4:54.18 |
| 10 Ruairidh Lawless | 99 | Carnegie | 4:58.41 | 32.09 | 1:08.25 | 1:46.47 | 2:23.53 | 3:07.30 | 3:51.83 | 4:25.91 | 4:58.41 |
| 11 Toby Douglas | 99 | Duns | 5:01.73 | 30.46 | 1:05.50 | 1:45.07 | 2:23.03 | 3:06.44 | 3:50.75 | 4:27.63 | 5:01.73 |
| 12 Charlie Smith | 98 | Haddington | 5:03.57 | 30.38 | 1:06.37 | 1:43.85 | 2:20.24 | 3:07.01 | 3:54.17 | 4:29.23 | 5:03.57 |
| 13 Finlay Dewar | 99 | Peebles | 5:04.56 | 33.10 | 1:12.20 | 1:50.53 | 2:28.33 | 3:12.84 | 3:57.43 | 4:32.52 | 5:04.56 |
| 14 Angus Johnstone | 99 | Heart Of Mid | 5:06.65 | 31.77 | 1:08.52 | 1:47.11 | 2:25.48 | 3:11.06 | 3:56.20 | 4:32.28 | 5:06.65 |
| 15 Jamie Waller | 98 | Heart Of Mid | 5:08.76 | 32.27 | 1:09.95 | 1:49.43 | 2:27.79 | 3:14.07 | 3:58.69 | 4:35.39 | 5:08.76 |
| 16 Ethan Sievwright | 99 | Fauldhouse | 5:10.23 | 32.26 | 1:10.27 | 1:47.76 | 2:24.98 | 3:13.23 | 4:00.93 | 4:36.87 | 5:10.23 |
| --- Arran Stowe | 98 | Fins | DQ | | | | | | | | |



East District Age Group Championships

Michael Woods Centre Glenrothes –7th November 2015



Session 3 – Results

Event 202 Girls 14 Year Olds 800 Metre Freestyle

| Name | Yr | Club | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 | |
|------|--------------------|------|--------------|----------|---------|---------|---------|---------|---------|----------|----------|---------|
| | | | | 450 | 500 | 550 | 600 | 650 | 700 | 750 | 800 | |
| 1 | Roisin Ramsay | 01 | Warrender | 9:11.35 | 31.22 | 1:05.37 | 1:40.06 | 2:14.81 | 2:49.51 | 3:23.95 | 3:58.49 | 4:33.30 |
| | | | | 5:07.47 | 5:42.12 | 6:16.62 | 6:51.44 | 7:26.39 | 8:01.61 | 8:37.07 | 9:11.35 | |
| 2 | Keanna MacInnes | 01 | Heart Of Mid | 9:19.04 | 31.18 | 1:06.32 | 1:41.41 | 2:16.38 | 2:51.72 | 3:26.73 | 4:02.14 | 4:37.71 |
| | | | | 5:13.11 | 5:48.43 | 6:23.80 | 6:59.30 | 7:34.68 | 8:09.98 | 8:45.14 | 9:19.04 | |
| 3 | Taylor Finlayson | 01 | Warrender | 9:37.27 | 33.59 | 1:09.30 | 1:45.37 | 2:21.44 | 2:57.42 | 3:33.55 | 4:09.82 | 4:46.20 |
| | | | | 5:22.92 | 5:59.53 | 6:36.10 | 7:12.88 | 7:49.31 | 8:26.07 | 9:02.62 | 9:37.27 | |
| 4 | Amy Richardson | 01 | Duns | 9:41.75 | 32.71 | 1:08.29 | 1:45.03 | 2:21.78 | 2:58.43 | 3:35.43 | 4:11.94 | 4:49.07 |
| | | | | 5:25.55 | 6:02.00 | 6:39.66 | 7:15.91 | 7:52.54 | 8:29.34 | 9:05.92 | 9:41.75 | |
| 5 | Claire Thomson | 01 | Fins | 9:53.56 | 32.01 | 1:07.73 | 1:44.39 | 2:21.28 | 2:58.34 | 3:35.57 | 4:13.38 | 4:51.40 |
| | | | | 5:29.08 | 6:07.45 | 6:45.67 | 7:23.59 | 8:01.45 | 8:39.43 | 9:17.33 | 9:53.56 | |
| 6 | Anna Macfarlane | 01 | Heart Of Mid | 9:53.87 | 32.14 | 1:07.78 | 1:44.37 | 2:21.34 | 2:58.52 | 3:36.01 | 4:13.61 | 4:51.44 |
| | | | | 5:29.32 | 6:07.61 | 6:45.68 | 7:24.24 | 8:01.92 | 8:40.11 | 9:18.15 | 9:53.87 | |
| 7 | Anna Galloway | 01 | Warrender | 9:57.10 | 34.16 | 1:11.12 | 1:48.61 | 2:26.54 | 3:04.19 | 3:41.95 | 4:19.95 | 4:58.19 |
| | | | | 5:35.47 | 6:13.20 | 6:50.80 | 7:28.70 | 8:05.95 | 8:43.82 | 9:21.18 | 9:57.10 | |
| 8 | Nicola Lees | 01 | Fauldhouse | 9:58.17 | 32.90 | 1:09.73 | 1:47.53 | 2:25.68 | 3:03.56 | 3:41.68 | 4:19.85 | 4:57.35 |
| | | | | 5:35.64 | 6:13.34 | 6:50.94 | 7:29.36 | 8:07.44 | 8:45.35 | 9:23.04 | 9:58.17 | |
| 9 | Catrina McManus | 01 | Tranent | 9:59.04 | 32.92 | 1:09.06 | 1:46.07 | 2:23.28 | 3:01.16 | 3:39.20 | 4:16.81 | 4:55.24 |
| | | | | 5:33.24 | 6:11.20 | 6:49.44 | 7:27.92 | 8:06.57 | 8:44.80 | 9:22.61 | 9:59.04 | |
| 10 | Joanna Rae | 01 | Carnegie | 10:00.42 | 32.76 | 1:09.36 | 1:47.18 | 2:25.13 | 3:02.95 | 3:40.64 | 4:18.62 | 4:56.77 |
| | | | | 5:34.90 | 6:13.12 | 6:51.29 | 7:29.59 | 8:08.03 | 8:46.35 | 9:24.30 | 10:00.42 | |
| 11 | Sarah Frizzel | 01 | Gala Asc | 10:04.61 | 33.62 | 1:11.59 | 1:50.38 | 2:28.66 | 3:07.32 | 3:46.16 | 4:23.78 | 5:02.56 |
| | | | | 5:40.37 | 6:18.59 | 6:56.95 | 7:35.65 | 8:13.30 | 8:51.35 | 9:28.35 | 10:04.61 | |
| 12 | Ellis Bryant | 01 | Livingston | 10:07.66 | 32.85 | 1:08.92 | 1:46.72 | 2:25.17 | 3:04.16 | 3:42.94 | 4:21.75 | 5:00.49 |
| | | | | 5:39.42 | 6:18.23 | 6:56.91 | 7:35.34 | 8:14.08 | 8:52.55 | 9:31.05 | 10:07.66 | |
| 13 | Megan Pathal | 01 | Heart Of Mid | 10:11.33 | 32.01 | 1:07.52 | 1:44.91 | 2:22.82 | 3:00.74 | 3:39.06 | 4:17.65 | 4:56.27 |
| | | | | 5:37.08 | 6:16.25 | 6:55.36 | 7:34.67 | 8:14.42 | 8:54.05 | 9:32.60 | 10:11.33 | |
| 14 | Kirsty Templeton | 01 | Livingston | 10:13.36 | 33.21 | 1:10.08 | 1:48.35 | 2:27.02 | 3:05.70 | 3:44.69 | 4:23.90 | 5:02.45 |
| | | | | 5:41.05 | 6:20.09 | 6:59.45 | 7:38.39 | 8:17.71 | 8:56.94 | 9:35.85 | 10:13.36 | |
| 15 | Lindsay Jack | 01 | Gala Asc | 10:13.82 | 34.57 | 1:12.52 | 1:52.09 | 2:30.85 | 3:10.52 | 3:50.57 | 4:30.54 | 5:10.34 |
| | | | | 5:48.43 | 6:26.59 | 7:05.15 | 7:43.50 | 8:21.64 | 8:59.75 | 9:36.86 | 10:13.82 | |
| 16 | Catherine Soeder | 01 | Kelso | 10:17.66 | 34.57 | 1:11.79 | 1:49.59 | 2:27.60 | 3:05.84 | 3:44.10 | 4:23.15 | 5:02.31 |
| | | | | 5:40.83 | 6:20.23 | 6:59.24 | 7:38.32 | 8:18.97 | 8:59.45 | 9:39.52 | 10:17.66 | |
| 17 | Eilidh Lister | 01 | Carnegie | 10:27.95 | 33.96 | 1:11.97 | 1:50.51 | 2:29.62 | 3:08.55 | 3:47.91 | 4:28.00 | 5:08.07 |
| | | | | 5:48.05 | 6:28.35 | 7:08.44 | 7:49.02 | 8:29.27 | 9:09.43 | 9:49.48 | 10:27.95 | |
| 18 | Eilidh Richmond | 01 | Carnegie | 10:49.00 | 34.04 | 1:10.93 | 1:49.16 | 2:28.38 | 3:08.08 | 3:48.69 | 4:30.23 | 5:11.64 |
| | | | | 5:53.01 | 6:34.81 | 7:17.38 | 7:59.63 | 8:41.62 | 9:24.32 | 10:06.32 | 10:49.00 | |
| 19 | Jasmine Millington | 01 | Warrender | 10:54.92 | 34.83 | 1:14.10 | 1:54.93 | 2:35.48 | 3:16.25 | 3:58.29 | 4:39.86 | 5:21.45 |
| | | | | 6:03.62 | 6:45.61 | 7:27.10 | 8:09.28 | 8:51.51 | 9:33.44 | 10:15.10 | 10:54.92 | |

Event 202 Girls 15 Year Olds 800 Metre Freestyle

| Name | Yr | Club | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 | |
|------|----------------|------|--------------|----------|---------|---------|---------|---------|---------|---------|----------|---------|
| | | | | 450 | 500 | 550 | 600 | 650 | 700 | 750 | 800 | |
| 1 | Katie Taylor | 00 | Heart Of Mid | 9:14.56 | 31.16 | 1:05.12 | 1:39.60 | 2:14.21 | 2:48.90 | 3:23.71 | 3:58.51 | 4:33.52 |
| | | | | 5:08.79 | 5:44.51 | 6:19.95 | 6:55.42 | 7:30.85 | 8:06.15 | 8:40.96 | 9:14.56 | |
| 2 | Eilidh Collyer | 00 | Carnegie | 9:28.50 | 31.77 | 1:06.73 | 1:42.38 | 2:18.34 | 2:54.06 | 3:30.29 | 4:06.29 | 4:42.21 |
| | | | | 5:18.26 | 5:54.00 | 6:29.98 | 7:06.00 | 7:42.21 | 8:18.31 | 8:53.64 | 9:28.50 | |
| 3 | Katie Golder | 00 | Midlothian | 9:33.81 | 32.03 | 1:06.85 | 1:42.68 | 2:18.99 | 2:55.12 | 3:31.11 | 4:08.00 | 4:44.66 |
| | | | | 5:21.55 | 5:58.45 | 6:35.27 | 7:12.20 | 7:48.39 | 8:24.87 | 9:00.54 | 9:33.81 | |
| 4 | Katy Smith | 00 | Warrender | 9:36.29 | 31.89 | 1:06.97 | 1:42.47 | 2:18.36 | 2:54.57 | 3:30.83 | 4:06.89 | 4:43.26 |
| | | | | 5:19.61 | 5:55.89 | 6:32.83 | 7:09.69 | 7:46.52 | 8:23.55 | 9:00.11 | 9:36.29 | |
| 5 | Anna Mackay | 00 | Warrender | 9:58.98 | 33.09 | 1:09.97 | 1:47.79 | 2:26.10 | 3:04.19 | 3:42.31 | 4:20.25 | 4:58.20 |
| | | | | 5:35.85 | 6:13.47 | 6:51.18 | 7:29.31 | 8:07.46 | 8:45.61 | 9:23.25 | 9:58.98 | |
| 6 | Jenna McMahon | 00 | Tranent | 10:02.49 | 32.63 | 1:08.76 | 1:46.05 | 2:23.63 | 3:02.05 | 3:40.31 | 4:19.03 | 4:56.69 |
| | | | | 5:35.10 | 6:13.61 | 6:52.36 | 7:31.12 | 8:09.22 | 8:48.32 | 9:25.96 | 10:02.49 | |

**East District Age Group Championships**

Michael Woods Centre Glenrothes –7th November 2015

**Session 3 – Results**

| | | | | | | | | | | | | |
|---|----------------|----|------------|----------|---------|---------|---------|---------|---------|---------|---------|----------|
| 7 | Kirsten Heath | 00 | Livingston | 10:16.68 | 34.34 | 1:11.88 | 1:50.09 | 2:28.39 | 3:06.98 | 3:45.81 | 4:24.77 | 5:03.10 |
| | | | | | 5:42.17 | 6:21.10 | 7:00.38 | 7:40.18 | 8:19.72 | 8:59.53 | 9:39.19 | 10:16.68 |
| 8 | Bethan Perrott | 00 | Livingston | 10:30.16 | 33.63 | 1:11.20 | 1:50.09 | 2:29.15 | 3:08.10 | 3:48.22 | 4:27.58 | 5:07.74 |
| | | | | | 5:47.55 | 6:27.82 | 7:08.26 | 7:49.14 | 8:29.81 | 9:10.45 | 9:51.36 | 10:30.16 |

Event 202 Girls 16 & Over 800 Metre Freestyle

| Name | Yr | Club | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 | |
|------|-------------------|------|------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| | | | | 450 | 500 | 550 | 600 | 650 | 700 | 750 | 800 | |
| 1 | Alyshia McCracken | 96 | Warrender | 9:00.60 | 31.53 | 1:05.27 | 1:39.71 | 2:13.31 | 2:47.19 | 3:21.51 | 3:55.43 | 4:29.73 |
| | | | | | 5:03.58 | 5:37.49 | 6:11.88 | 6:45.94 | 7:19.99 | 7:54.31 | 8:28.14 | 9:00.60 |
| 2 | Katie Stark | 98 | Warrender | 9:09.42 | 30.34 | 1:04.23 | 1:38.47 | 2:12.73 | 2:46.82 | 3:20.96 | 3:55.49 | 4:29.78 |
| | | | | | 5:03.50 | 5:37.69 | 6:12.20 | 6:47.61 | 7:23.50 | 7:59.28 | 8:34.86 | 9:09.42 |
| 3 | India Dodd | 98 | Warrender | 9:13.83 | 30.79 | 1:04.36 | 1:38.23 | 2:12.36 | 2:46.50 | 3:21.20 | 3:56.02 | 4:30.74 |
| | | | | | 5:05.54 | 5:40.86 | 6:16.54 | 6:52.15 | 7:27.99 | 8:03.93 | 8:39.71 | 9:13.83 |
| 4 | Emma Chittleburgh | 98 | Warrender | 9:15.91 | 32.47 | 1:06.80 | 1:41.60 | 2:16.29 | 2:51.01 | 3:26.28 | 4:01.01 | 4:36.00 |
| | | | | | 5:10.52 | 5:45.08 | 6:20.51 | 6:56.02 | 7:31.51 | 8:07.14 | 8:42.26 | 9:15.91 |
| 5 | Gulsum Onal | 98 | Livingston | 9:19.57 | 29.78 | 1:03.18 | 1:37.07 | 2:11.38 | 2:46.47 | 3:21.99 | 3:57.39 | 4:33.71 |
| | | | | | 5:09.12 | 5:44.81 | 6:20.56 | 6:56.53 | 7:32.33 | 8:08.55 | 8:44.62 | 9:19.57 |
| 6 | Shannon Paterson | 98 | Broxburn | 9:22.98 | 31.19 | 1:05.74 | 1:41.01 | 2:16.17 | 2:51.47 | 3:27.50 | 4:03.28 | 4:39.17 |
| | | | | | 5:14.51 | 5:50.02 | 6:25.75 | 7:01.45 | 7:37.74 | 8:13.88 | 8:48.93 | 9:22.98 |
| 7 | Zara Milton | 96 | Duns | 9:34.52 | 32.08 | 1:07.58 | 1:43.33 | 2:18.79 | 2:54.82 | 3:30.85 | 4:07.06 | 4:43.33 |
| | | | | | 5:20.47 | 5:57.05 | 6:33.47 | 7:10.11 | 7:46.64 | 8:23.40 | 9:00.26 | 9:34.52 |
| 8 | Mhairi Swanson | 99 | Warrender | 9:38.58 | 32.01 | 1:06.96 | 1:42.10 | 2:18.05 | 2:53.94 | 3:30.01 | 4:06.95 | 4:43.55 |
| | | | | | 5:20.21 | 5:56.98 | 6:34.05 | 7:11.20 | 7:48.41 | 8:25.74 | 9:02.64 | 9:38.58 |
| 9 | Ellenor Gracey | 99 | Duns | 9:39.94 | 30.71 | 1:06.52 | 1:42.94 | 2:19.41 | 2:56.31 | 3:33.05 | 4:09.97 | 4:46.65 |
| | | | | | 5:23.52 | 6:00.74 | 6:37.54 | 7:14.98 | 7:51.40 | 8:28.92 | 9:05.14 | 9:39.94 |
| 10 | Charlie Cavens | 99 | Warrender | 9:45.74 | 31.70 | 1:06.97 | 1:42.65 | 2:18.69 | 2:55.21 | 3:31.84 | 4:08.49 | 4:45.46 |
| | | | | | 5:22.59 | 6:00.30 | 6:37.35 | 7:15.63 | 7:53.61 | 8:31.04 | 9:09.10 | 9:45.74 |
| 11 | Erin Robertson | 99 | Livingston | 9:48.32 | 32.08 | 1:07.57 | 1:44.09 | 2:21.17 | 2:57.83 | 3:35.23 | 4:13.00 | 4:50.22 |
| | | | | | 5:28.56 | 6:05.94 | 6:43.38 | 7:20.42 | 7:57.66 | 8:34.96 | 9:12.42 | 9:48.32 |

Event 203 Boys 14 Year Olds 400 Metre Freestyle

| Name | Yr | Club | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 | |
|------|--------------------|------|--------------|---------|-------|---------|---------|---------|---------|---------|---------|---------|
| 1 | Archie Goodburn | 01 | Warrender | 4:14.75 | 28.86 | 1:00.97 | 1:33.97 | 2:06.77 | 2:39.43 | 3:12.15 | 3:44.07 | 4:14.75 |
| 2 | Daniel Ferguson | 01 | Trojan | 4:19.67 | 28.68 | 1:01.29 | 1:35.83 | 2:10.71 | 2:42.14 | 3:14.84 | 3:47.44 | 4:19.67 |
| 3 | Keir Edgar | 01 | Carnegie | 4:23.67 | 29.39 | 1:02.85 | 1:36.85 | 2:11.36 | 2:45.10 | 3:19.23 | 3:52.55 | 4:23.67 |
| 4 | Finlay Hart | 01 | Tranent | 4:26.49 | 29.57 | 1:02.63 | 1:36.80 | 2:11.58 | 2:46.36 | 3:20.29 | 3:53.81 | 4:26.49 |
| 5 | Jamie Macdonald | 01 | Warrender | 4:27.33 | 30.43 | 1:04.29 | 1:38.71 | 2:13.82 | 2:47.82 | 3:21.87 | 3:55.11 | 4:27.33 |
| 6 | Greig Rowe | 01 | Carnegie | 4:27.36 | 29.94 | 1:03.87 | 1:38.74 | 2:13.57 | 2:47.79 | 3:21.58 | 3:55.29 | 4:27.36 |
| 7 | Calum Chittleburgh | 01 | Warrender | 4:33.51 | 32.09 | 1:06.73 | 1:41.11 | 2:16.43 | 2:50.53 | 3:25.48 | 4:00.96 | 4:33.51 |
| 8 | Lewis Birrell | 01 | Warrender | 4:34.03 | 30.88 | 1:05.35 | 1:41.07 | 2:16.81 | 2:52.04 | 3:26.63 | 4:01.02 | 4:34.03 |
| 9 | Andrew Watt | 01 | Gala Asc | 4:40.52 | 31.82 | 1:07.02 | 1:42.78 | 2:19.52 | 2:54.81 | 3:31.58 | 4:07.88 | 4:40.52 |
| 10 | Angus Rutherford | 01 | Heart Of Mid | 4:40.81 | 31.35 | 1:06.40 | 1:42.40 | 2:19.36 | 2:54.75 | 3:31.32 | 4:07.82 | 4:40.81 |
| 11 | Charles De Beaux | 01 | Warrender | 4:40.91 | 31.56 | 1:07.37 | 1:42.70 | 2:18.49 | 2:54.55 | 3:31.06 | 4:06.73 | 4:40.91 |
| 12 | Murray Fraser | 01 | Tranent | 4:44.18 | 31.85 | 1:07.36 | 1:44.10 | 2:20.39 | 2:56.63 | 3:33.42 | 4:09.78 | 4:44.18 |
| 13 | Jay Aitken | 01 | Heart Of Mid | 4:46.74 | 31.62 | 1:06.22 | 1:42.63 | 2:19.11 | 2:55.78 | 3:33.05 | 4:10.40 | 4:46.74 |
| 14 | Finlay Saunders | 01 | Heart Of Mid | 4:47.62 | 31.72 | 1:07.34 | 1:43.92 | 2:20.63 | 2:57.83 | 3:35.24 | 4:12.55 | 4:47.62 |
| 15 | Callum MacDonald | 01 | Fins | 4:49.97 | 31.78 | 1:07.74 | 1:44.80 | 2:22.30 | 3:00.01 | 3:37.80 | 4:14.80 | 4:49.97 |
| 16 | Jamie Booth | 01 | Warrender | 4:50.21 | 32.59 | 1:08.65 | 1:45.27 | 2:22.34 | 2:59.73 | 3:36.71 | 4:13.91 | 4:50.21 |
| 17 | Sam Lewis | 01 | Fins | 4:55.04 | 32.27 | 1:08.21 | 1:45.99 | 2:24.05 | 3:02.06 | 3:40.78 | 4:18.86 | 4:55.04 |
| 18 | Kaan Olcay | 01 | Warrender | 4:56.43 | 32.99 | 1:09.49 | 1:46.82 | 2:24.85 | 3:02.92 | 3:41.60 | 4:20.32 | 4:56.43 |
| 19 | Nathan McGraw | 01 | Fauldhouse | 4:57.16 | 31.85 | 1:07.46 | 1:44.80 | 2:23.24 | 3:02.01 | 3:41.65 | 4:20.19 | 4:57.16 |
| 20 | Tom Easton | 01 | Warrender | 4:57.18 | 33.89 | 1:10.61 | 1:48.07 | 2:25.79 | 3:03.83 | 3:41.90 | 4:20.08 | 4:57.18 |

**East District Age Group Championships**

Michael Woods Centre Glenrothes –7th November 2015

Session 3 – Results**Event 203 Boys 15 Year Olds 400 Metre Freestyle**

| | Name | Yr | Club | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 |
|---|-------------------|----|------------|---------|-------|---------|---------|---------|---------|---------|---------|---------|
| 1 | Fraser Allison | 00 | Warrender | 4:16.71 | 29.82 | 1:02.03 | 1:34.68 | 2:07.50 | 2:40.11 | 3:13.24 | 3:45.25 | 4:16.71 |
| 2 | Jonah Walsh | 00 | Warrender | 4:25.12 | 29.32 | 1:02.84 | 1:36.93 | 2:11.00 | 2:45.34 | 3:20.10 | 3:54.30 | 4:25.12 |
| 3 | James Beattie | 00 | Carnegie | 4:27.79 | 29.79 | 1:03.75 | 1:38.74 | 2:13.54 | 2:47.86 | 3:21.58 | 3:55.38 | 4:27.79 |
| 4 | Owen Strachan | 00 | Carnegie | 4:27.97 | 30.18 | 1:03.34 | 1:37.50 | 2:12.28 | 2:46.97 | 3:21.28 | 3:55.37 | 4:27.97 |
| 5 | Matthias Rietvelt | 00 | Midlothian | 4:29.36 | 30.12 | 1:03.87 | 1:39.06 | 2:14.00 | 2:48.47 | 3:23.09 | 3:56.85 | 4:29.36 |
| 6 | Andrew McKnight | 00 | Haddington | 4:30.40 | 29.32 | 1:03.73 | 1:38.19 | 2:12.49 | 2:46.95 | 3:21.58 | 3:56.07 | 4:30.40 |
| 7 | Matthew King | 00 | Carnegie | 4:32.57 | 30.37 | 1:04.72 | 1:39.07 | 2:14.14 | 2:49.26 | 3:24.05 | 3:58.89 | 4:32.57 |
| 8 | Ross Neally | 00 | Trojan | 4:33.11 | 30.76 | 1:05.72 | 1:41.68 | 2:17.36 | 2:52.49 | 3:27.32 | 4:00.92 | 4:33.11 |
| 9 | James Thompson | 00 | Duns | 4:38.33 | 30.23 | 1:04.36 | 1:39.69 | 2:15.57 | 2:51.90 | 3:27.96 | 4:03.89 | 4:38.33 |

Event 203 Boys 16 & Over 400 Metre Freestyle

| | Name | Yr | Club | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 |
|----|-------------------|----|--------------|---------|-------|---------|---------|---------|---------|---------|---------|---------|
| 1 | Calum Reid | 95 | Warrender | 4:02.14 | 28.80 | 59.92 | 1:31.09 | 2:02.05 | 2:31.94 | 3:02.26 | 3:32.73 | 4:02.14 |
| 2 | Henry Mackenzie | 97 | Warrender | 4:08.02 | 28.57 | 59.78 | 1:31.87 | 2:04.61 | 2:35.79 | 3:07.72 | 3:38.10 | 4:08.02 |
| 3 | George Clough | 99 | Warrender | 4:10.05 | 28.90 | 1:00.24 | 1:31.75 | 2:03.79 | 2:34.96 | 3:07.18 | 3:39.04 | 4:10.05 |
| 4 | Fraser Beeby | 99 | Carnegie | 4:13.69 | 28.39 | 1:00.17 | 1:32.09 | 2:04.78 | 2:36.85 | 3:09.45 | 3:42.05 | 4:13.69 |
| 5 | James Black | 96 | Aquanauts Li | 4:14.37 | 28.47 | 59.93 | 1:32.30 | 2:04.99 | 2:37.69 | 3:11.12 | 3:43.95 | 4:14.37 |
| 6 | Cameron Finlayson | 98 | Heart Of Mid | 4:16.76 | 28.91 | 1:00.57 | 1:32.94 | 2:05.74 | 2:38.53 | 3:11.37 | 3:44.33 | 4:16.76 |
| 7 | James Collyer | 99 | Carnegie | 4:16.87 | 28.36 | 1:00.29 | 1:32.64 | 2:05.79 | 2:38.00 | 3:11.18 | 3:44.30 | 4:16.87 |
| 8 | Andrew Sawkins | 98 | Heart Of Mid | 4:18.80 | 27.55 | 59.16 | 1:31.43 | 2:05.19 | 2:38.94 | 3:13.07 | 3:47.05 | 4:18.80 |
| 9 | Toby Douglas | 99 | Duns | 4:20.12 | 28.53 | 1:00.29 | 1:33.00 | 2:05.91 | 2:39.38 | 3:13.01 | 3:46.62 | 4:20.12 |
| 10 | Fraser Samuel | 98 | Haddington | 4:20.14 | 28.76 | 1:00.84 | 1:34.11 | 2:07.96 | 2:42.16 | 3:15.55 | 3:48.46 | 4:20.14 |
| 11 | Stephen Clegg | 95 | Tranent | 4:20.54 | 28.67 | 1:01.57 | 1:34.97 | 2:07.97 | 2:41.71 | 3:15.04 | 3:48.50 | 4:20.54 |
| 12 | Ruairidh Lawless | 99 | Carnegie | 4:21.64 | 29.79 | 1:02.94 | 1:36.18 | 2:09.41 | 2:42.34 | 3:15.99 | 3:49.42 | 4:21.64 |
| 13 | Fraser Meadows | 98 | Warrender | 4:22.00 | 29.36 | 1:02.90 | 1:37.04 | 2:11.01 | 2:44.66 | 3:18.50 | 3:51.36 | 4:22.00 |
| 14 | Finlay Dewar | 99 | Peebles | 4:22.43 | 29.62 | 1:01.86 | 1:34.81 | 2:07.94 | 2:41.23 | 3:14.79 | 3:48.59 | 4:22.43 |
| 15 | Fraser Gill | 98 | Aquanauts Li | 4:25.57 | 29.59 | 1:02.55 | 1:35.96 | 2:09.53 | 2:42.17 | 3:16.30 | 3:51.04 | 4:25.57 |
| 16 | Arran Stowe | 98 | Fins | 4:25.86 | 28.65 | 1:00.80 | 1:33.86 | 2:08.03 | 2:42.53 | 3:17.56 | 3:52.26 | 4:25.86 |
| 17 | Nathan Robb | 98 | Bathgate | 4:27.09 | 29.21 | 1:01.70 | 1:34.79 | 2:08.95 | 2:43.51 | 3:18.21 | 3:53.08 | 4:27.09 |
| 18 | Gregor Swinney | 97 | Peebles | 4:34.71 | 29.43 | 1:02.54 | 1:36.31 | 2:10.74 | 2:45.35 | 3:21.61 | 3:58.57 | 4:34.71 |